

# WHEN AN EMERGENCY STRIKES

## During and after an emergency:

- Stay calm
- Be aware of additional dangers
- Stay tuned to your local emergency stations
- Comcast cable subscribers should tune to channel #16
- Follow advice of trained professional
- Do not evacuate unless told
- During an emergency you might be cut off from water, food and electricity

## Water:

 No supply of clean water here are some suggestions:

- Use ice cubes
- Use water in your hot water tank
- Purify water from streams, rainwater, lake or snow by boiling for 5 minutes, allowing it to cool
- Purify water with bleach by using 10 drops of bleach to one gallon of water (use only regular household bleach that contains 5.25% sodium hypochlorite)



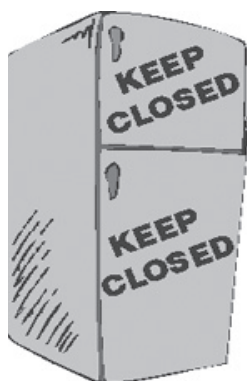
## Food:

- Eat at least one well-balanced meal each day
- Take vitamins and/or protein supplements.



## If Your Power Goes Out:

- Assist family members or neighbors who may be vulnerable if exposed to extreme heat or cold
- Locate a flashlight with batteries to use until power is restored. Candles are discouraged because they can start a fire
- Unplug sensitive electric equipment such as computers, VCRs, and televisions
- Unplug major electric appliances that were on when the power went out



- Keep refrigerator and freezer doors closed as much as possible
- Do not use the stove to heat your home -- this can cause a fire or fatal gas leak
- Use extreme caution when driving-if traffic signals are out treat each signal as a stop sign and come to a complete stop
- Do not call 911 to ask about the power outage
- Keep a battery operated radio on for updates on restoration of power or use your car radio
- Prescription drugs-make sure you have enough to last