

# 2024 Senior Resource Directory for Washtenaw County



Call Catholic Social Services of Washtenaw County (CSSW) at 734-971-9781 or visit us at [SeniorResourceConnectMI.org](http://SeniorResourceConnectMI.org) for our online searchable resource directory.

## 1. ADULT DAY SERVICES

Chelsea Senior Center Ease the Day Program	734-475-9242
Dottie Crim Adult Day and Education Center	734-429-1155
Huron Valley PACE	734-572-5777
Memory Support Center at Brecon Village	734-295-9811
Silver Club	734-998-9352

## 2. CAREGIVER SERVICES

AgeWays Nonprofit Senior Services	800-852-7795
Caregiver Assessment, Respite, Education & Support (CARES) (JFS)	734-769-0209
Silver Club Caregiver Programs	734-998-9352
Washtenaw Integrated Senior Experience (WISE) (JFS)	734-436-4231
Washtenaw Support Network for Caregivers	734-764-6831

## 3. CARE MANAGEMENT/CARE COORDINATION

AgeWays Nonprofit Senior Services	800-852-7795
Jewish Family Services (JFS)	734-769-0209

## 4. HOME MAINTENANCE/REPAIR/SAFETY

CSSW Home Maintenance/Repair/Home Safety	734-971-9781
Habitat for Humanity Critical Repair Program	734-263-2317
OCED Home Weatherization Program	734-544-3008
WC Dept. of Health and Human Services (DHHS)	734-481-2000

## 5. COUNSELING/MENTAL HEALTH SERVICES

CSSW Behavioral Health Services	734-971-9781
NAMI Washtenaw County	734-994-6611
Thrive Counseling/Jewish Family Services (JFS)	734-436-4249
Trinity Health IHA Psychiatry and Counseling	734-593-5251
U-M Psychiatric Emergency Services 24-hr Crisis Ctr	734-936-5900
WC Community Mental Health	734-544-3050

## 6. EDUCATION

American Association of Retired Persons (MI Office)	866-227-7448
Emeritus Scholarship Program (WCC)	734-973-3543
Elderwise	734-340-6091
Osher Lifelong Learning Institute (OLLI)	734-998-9351
Senior Focus (WCC)	734-667-5060
Washtenaw Literacy	734-337-3338

## 7. ELDER ABUSE/DOMESTIC VIOLENCE

### Michigan Elder Abuse Hotline..... (toll-free) 855-444-3911

CSSW Domestic Violence and Anger Management	734-971-9781
CSSW Senior Services Department	734-971-9781
SafeHouse Ctr (Domestic Violence/Sexual Assault)	734-995-5444
Senior Resource Connect Good Neighbor Training: ..... SeniorResourceConnectMI.org/neighbor-training	

## 8. EMERGENCY SERVICES (Food, Shelter, Utilities, Crisis)

Aid in Milan	734-439-8420
Community Mental Health	734-544-3050
CSSW Northside Food Pantry	734-662-4462
Faith In Action (Dexter & Chelsea School Districts)	734-475-3305
Friends in Deed	734-484-4357
Hope Clinic	734-484-2989
House by the Side of the Road	734-769-4085
Housing Access for Washtenaw County (HAWC)	734-961-1999
JFS Food Pantry & Clothing Programs	734-769-0209
Manchester Community Resource Center (CRC)	734-428-7722
National Suicide Prevention Hotline	988
Northfield Human Services	734-492-1717
Saline Area Social Service	734-429-4570
Salvation Army Family Store & Donation Center	734-332-3948
Salvation Army Ann Arbor	734-668-8353
Shelter Association of Washtenaw County	734-662-2829
S.O.S. Community Crisis Center	734-485-8730
U-M Psychiatric Emergency Services 24-hr Crisis Ctr	734-936-5900
Washtenaw County Dept of Health & Human Services	734-481-2000

## 9. FOOD PANTRIES/GROCERIES

### **D** Delivery Available

<b>D</b> Aid in Milan Pantry on Wheels	734-439-8420
<b>D</b> Bryant Community Center	734-477-0292
<b>D</b> CSSW Northside Food Pantry	734-662-4462
<b>D</b> Food Gatherers	734-761-2796
<b>D</b> Hope Clinic	734-484-2989
<b>D</b> Jewish Family Services Specialty Pantry	734-769-0209
<b>D</b> Manchester Community Resource Center	734-428-7722
<b>D</b> Northfield Human Services	734-449-0110
<b>D</b> Saline Area Social Services	734-429-4570
<b>D</b> Salvation Army	734-668-8353
<b>D</b> SOS Community Services	734-484-9945

Visit [www.foodgatherers.org/foodresources](http://www.foodgatherers.org/foodresources) for a complete list of food resources

## 10. FORECLOSURE INTERVENTION

Housing Bureau for Seniors	734-998-9339
Legal Services of South Central Michigan	734-665-6181
MSU Extension Housing Counselors	734-222-9595
Washtenaw County Treasurer (tax foreclosure)	734-222-6600

## 11. GRANDPARENT & KINSHIP CARE SUPPORT

CSSW Grandparents Raising Grandchildren (GRG)	734-971-9781
MSU Kinship Care Resource Center	800-535-1218

## 12. HEARING & SPEECH IMPAIRMENT

Deaf & Hearing-Impaired Services	248-473-1888
Deaf Health Clinic/Michigan Medicine	734-426-2796
EMU Speech and Hearing Clinic	734-487-1414
Lions Hearing Center of Michigan	517-887-6640

## 13. HOME HEALTH CARE

Chelsea Hospital	734-593-6000
EHM Senior Solutions (Shared Services)	734-222-4037
Homewatch Caregivers	734-530-4217
Trinity Health At Home	855-559-7178

(Also see listings in Yellow Pages under "Nurses" or "Home Health")

## 14. HOSPICE

Angela Hospice	734-464-7810
Arbor Hospice	734-662-5999
Trinity Health At Home	888-559-7178

## 15. HOUSING INFORMATION

Ann Arbor Housing Commission	734-794-6720
Housing Access for Washtenaw County (HAWC)	734-961-1999
Housing Bureau for Seniors	734-998-9339
Ypsilanti Housing Commission	734-482-4300

### **I** Independent, **A** Assisted Living & **M** Memory Care Residences

<b>I</b> <b>A</b> <b>M</b> American House	734-961-4578
<b>I</b> <b>A</b> <b>M</b> Brecon Village	734-429-1155
<b>I</b> <b>A</b> Brio Living Services	734-433-1000
<b>A</b> <b>M</b> Brookdale Ann Arbor – Assisted Living & Memory Care	734-327-1350
<b>M</b> Brookdale W Eisenhower – Memory Care	734-213-1708
<b>A</b> <b>M</b> Gilbert Residence	734-482-9498
<b>I</b> <b>A</b> <b>M</b> Glacier Hills	734-769-6410
<b>A</b> <b>M</b> Linden Square Assisted Living	734-429-7600
<b>M</b> Memory Lane Assisted Living	734-707-4039
<b>I</b> <b>A</b> St. Joseph's Village	734-712-1600
<b>I</b> <b>A</b> Silver Maples of Chelsea	734-627-6544
<b>A</b> <b>M</b> University Living	734-228-1926

### Apartments – Subsidized or Affordable

Baker Commons	734-994-2902
Carpenter Place	734-973-8377
Chidester Place	734-487-9400
Clark East Tower	734-482-5511
Courthouse Square	734-995-5511
Cranbrook Tower	734-668-8914
Lurie Terrace	734-665-0695
Melvin T. Walls Manor	734-484-3820
Miller Manor	734-794-6725
Mill Pond Manor	734-429-3838
Parkway Meadows	734-662-5055
Sequoia Place	734-669-8840

## 16. INFORMATION, REFERRAL & RESOURCE ADVOCACY

AgeWays Nonprofit Senior Services	800-852-7795
CSSW Senior Services Resource Advocacy	734-971-9781
Disability Network Washtenaw Monroe Livingston	734-971-0277
Eldercare Locator	800-677-1116
Jewish Family Services (JFS)	734-769-0209
U-M Turner Senior Resource Center	734-998-9353
United Way of Southeastern Michigan	211 (from landline) alt. number: 734-971-8200 (from cell)

## 17. LEGAL SERVICES

Dispute Resolution Center	734-794-2125
Legal Resource Center at EMU	734-994-0160
Legal Services of South Central Michigan	734-665-6181
Michigan Advocacy Program Elder Justice Initiative	734-665-6181
Washtenaw Bar Association Lawyer Referral	734-996-3229

## 18. MEALS

Group Meal Sites	see "Senior Centers" list
OCED Senior Nutrition Program	734-544-2977

### Home-Delivered Meals

Ann Arbor Meals on Wheels	734-998-6686
Chelsea/Manchester Meals on Wheels	734-475-9245
Dexter Senior Center	734-426-7737
Milan Seniors for Healthy Living	734-508-6229
Northfield Township Senior Center	734-449-2295

(Meals continued on next page)

Saline Area Senior Center	734-429-9274
Ypsilanti Meals on Wheels	734-487-9669
The Washtenaw County Office of Community and Economic Development (OCED)	734-544-2977
WISE Meals at Home (JFS)	734-769-0209

(Meals continued on next page)

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## 18. MEALS (continued)

### Curbside Meal Pickup

- Hope Clinic ..... 734-484-2989
- The Breakfast Program @ St. Andrews ..... 734-663-0518 Ext 206

## 19. MEDICAL SERVICES

### Dental

- Hope Dental Clinic..... 734-480-9575
- University of Michigan School of Dentistry..... 734-998-9640

### Geriatric Health Assessment

- Hope Medical Clinic ..... 734-481-0111
- Trinity Health Senior Primary Care ..... 734-712-5189
- U-M Turner Geriatric Clinic ..... 734-764-6831
- Washtenaw Internal Medicine ..... 734-528-5700

### Health Services

- Chelsea Hospital ..... 734-593-6000
- Hope Clinic ..... 734-484-2989
- Huron Valley PACE ..... 734-572-5777
- "Lifeline" (Medical Alert System)..... 855-681-5351
- Medical Loan Closet (Emmanuel Lutheran Church) ... 734-482-7121
- Packard Health (Main) ..... 734-971-1073
- Trinity Health Haab Building ..... 734-547-7977
- Trinity Health IHA Medical Group..... 734-712-1300
- Trinity Health Saline ..... 734-977-0013
- U-M Turner Geriatric Clinic ..... 734-764-6831
- Veteran Affairs A2 Healthcare System (V.A.) ..... 734-769-7100
- Washtenaw County Health Department..... 734-544-6700

### Prescription Assistance

- A2Y RxPlus Card ..... 734-665-4433
- Hope Clinic ..... 734-481-0111
- Michigan Prescription Drug Discount Card (MIRx) ... 800-642-3195 (Press 2, then 1)
- Packard Health (Main) ..... 734-971-1073
- Washtenaw Health Project..... 734-544-3030

## 20. MEDICARE/MEDICAID HELP & INFORMATION

- CSSW Resource Advocacy Program..... 734-971-9781
- Medicaid Beneficiary Helpline ..... 800-642-3195
- Medicare ..... 800-633-4227
- Michigan MMAP (MI Medicare Assistance Program) .... 800-803-7174
- Washtenaw County DHHS ..... 734-481-2000
- Washtenaw Health Project ..... 730-544-3030

## 21. NURSING HOMES & INFORMATION

- Brio Senior Living Services ..... 734-808-3610
- EHM Evangelical Homes (Saline) ..... 734-429-9401
- Gilbert Residence ..... 734-482-9498
- Glacier Hills Care & Rehabilitation Center ..... 734-769-6410
- Housing Bureau for Seniors..... 734-998-9339
- Michigan Department of Community Health  
Complaint Intake Unit..... 800-882-6006
- Michigan Long-Term Care Ombudsman ..... 866-485-9393

## 22. PET ASSISTANCE

- Friends For Life (HSHV) ..... 734-661-3550
- Humane Society of Huron Valley..... 734-661-3528
- Ypsilanti Meals on Wheels ..... 734-487-9669

## 23. PHYSICAL FITNESS (See also your local Senior Center)

- Ann Arbor YMCA ..... 734-996-9622
- Chelsea Wellness Center ..... 734-214-0220
- Dexter Wellness Center..... 734-580-2500
- Saline Recreation Center..... 734-429-3502
- Trinity Health Women's Health Center ..... 734-712-5800
- U-M Turner Senior Resource Center ..... 734-998-9353
- Washtenaw Community College  
Health & Fitness Center ..... 734-975-9950
- Washtenaw County Parks and Recreation ..... 734-971-6337

## 24. RESPITE CARE

- AgeWays Nonprofit Senior Services..... 800-852-7795
- Brecon Village ..... 734-429-1155
- Chelsea Senior Center Ease the Day Program ..... 734-475-9242
- CSSW Volunteer Caregiver Program ..... 734-971-9781
- JFS ..... 734-769-0209
- MI Choice Waiver Program ..... 734-213-7604
- Silver Maples Retirement Community ..... 734-475-4111
- Washtenaw Support Network for Caregivers..... 734-998-9352

## 25. SENIOR CENTERS For complete senior center info see website: [SeniorResourceConnectMI.org](http://SeniorResourceConnectMI.org)

- Ann Arbor Senior Center ..... 734-794-6250
- Chelsea Senior Center ..... 734-475-9242
- Dexter Senior Center ..... 734-426-7737
- Jewish Community Center..... 734-971-0990
- Lincoln Golden Ages ..... 734-483-8366
- Milan Seniors for Healthy Living..... 734-508-6229
- Northfield Township Community/Senior Center ..... 734-449-2295
- Pittsfield Township Senior Center..... 734-822-2117

- Saline Area Senior Center ..... 734-429-9274
- U-M Turner Senior Wellness Program ..... 734-998-9353
- Well Connected/Senior Center Without Walls..... 877-797-7299
- Ypsilanti Senior Center..... 734-483-5014
- Ypsilanti Township 50 & Beyond Program ..... 734-544-3838

## 26. SENIOR SUBSTANCE ABUSE

- Addiction Treatment Services (U-M)..... 1-800-525-5188
- Alcoholics Anonymous Helpline..... 734-482-5700
- Chelsea Hospital Behavioral Health ..... 734-593-5200
- Chelsea Hospital Behavioral Health –  
Clocktower Commons..... 734-593-5251
- CSSW Behavioral Health Services ..... 734-971-9781
- CSSW Get Connected ..... 734-971-9781
- Dawn Farm (Spera Recovery Center) ..... 734-669-8265
- Families Against Narcotics..... 734-210-9739
- Home of New Vision ..... 734-975-1602
- Washtenaw ACCESS Helpline..... 734-544-3050  
(24hr Crisis Line): ..... 800-886-7340

## 27. SOCIAL SECURITY ADMINISTRATION

- Social Security Administration: National Office ..... 800-772-1213

## 28. SUPPORT GROUPS

- Al-Anon ..... 734-995-4949
  - Alzheimer's Association 24/7 Helpline..... 800-272-3900
  - Arthritis Foundation (Michigan Chapter) ..... 248-649-2891
  - CSSW Grandparents Raising Grandchildren (GRG)..... 734-971-9781
  - Jewish Family Services (JFS) ..... 734-769-0209
  - National Parkinson's Foundation ..... 800-473-4636
  - U-M Turner Geriatric Clinic:  
Caring for Aging Relatives, Caring for Your Mate,  
Diabetes, Low Vision, Staying Smoke Free ..... 734-764-6831
- For additional support groups visit [SeniorResourceConnectMI.org](http://SeniorResourceConnectMI.org)

## 29. TAX ASSISTANCE

- American Association of Retired Persons (MI Office) ... 866-227-7448
- Housing Bureau for Seniors..... 734-998-9339
- St. Francis of Assisi Tax Help ..... 734-821-2121
- U-M Law School Low Income Tax Clinic..... 734-936-3535
- United Way Tax Clinic (VITA)..... 517-258-1447

## 30. TRANSPORTATION

- AARP Ride @50+ ..... 844-900-4892
- Ann Arbor Transportation Authority (Info Line) ..... 734-973-6500
- Freedom Road ..... 248-232-1259
- HVA Mobility Transportation (Wheelchair Vans)..... 734-994-4111
- Jewish Family Services (JFS) ..... 734-769-0209
- Manchester Area Senior Citizens Council, Inc..... 734-385-6308
- Milan Seniors for Healthy Living..... 734-508-6229
- Night Ride and Holiday Ride (AAATA)..... 734-528-5432
- People's Express..... 877-214-6073
- The WAVE (Western Washtenaw Area Value Express) ... 734-475-9494

## 31. VETERANS

- Michigan Ability Partners..... 734-975-6880
- Michigan Veterans Affairs Agency ..... 1-800-642-4838
- OLHSA Housing..... 517-546-8500
- National Guard Family Assistance Center..... 517-481-9889
- National Guard Transition Assistance Advisor..... 517-990-1155
- Veteran Affairs A2 Healthcare System (V.A.) ..... 734-769-7100
- Washtenaw County Veteran Affairs ..... 734-973-4540

## 32. VISION IMPAIRMENT

- Greater Detroit Agency for the Blind  
and Visually Impaired ..... 313-272-3900
- Kellogg Eye Center (U-M)..... 734-764-4190
- Lions of Michigan Foundation ..... 734-887-6640
- Michigan Bureau of Services for Blind Persons ..... 313-456-1646
- The Visually Impaired Information Center ..... 734-421-6599
- Washtenaw Library for the Blind and Print Disabled .... 734-327-4224

## 33. VOLUNTEER OPPORTUNITIES

- CSSW RSVP (Retired & Senior Volunteer Program)..... 734-971-9781
- Hospice of Michigan Volunteer Program ..... 888-247-5701
- Jewish Family Services Older Adult Services ..... 734-769-0209
- OCED Foster Grandparent Program..... 734-544-3040
- United Way of Southeastern Michigan ..... 734-971-8200

## 34. WEBSITES

### Remember your librarian can help with websites.

- Senior Resource Connect ..... [SeniorResourceConnectMI.org](http://SeniorResourceConnectMI.org)
- Catholic Social Services of Washtenaw County..... [csswashtenaw.org](http://csswashtenaw.org)
- AgeWays Nonprofit Senior Services ..... [ageways.org](http://ageways.org)
- GetSetUp Virtual Classes for  
Michigan Older Adults..... [getsetup.io/partner/Michigan](http://getsetup.io/partner/Michigan)
- Senior Planet ..... [seniorplanet.org](http://seniorplanet.org)
- Low-Cost Medical Equipment ..... [michiganloan closets.us/washtenaw](http://michiganloan closets.us/washtenaw)